



ರಾಜೀವ್ ಗಾಂಧಿ ಆರೋಗ್ಯ ವಿಜ್ಞಾನಗಳ ವಿಶ್ವವಿದ್ಯಾಲಯ, ಕರ್ನಾಟಕ, ಬೆಂಗಳೂರು
Rajiv Gandhi University of Health Sciences, Karnataka, Bangalore

4th T Block, Jayanagar, Bangalore – 560 041

RGU/SWF/25-26

Dt. 29.01.2026

CIRCULAR

In recent times, there has been a disturbing rise in road traffic accidents across the State, many of which have resulted in serious injuries and loss of precious lives. This growing trend is a matter of deep concern and calls for immediate attention and responsible action from all of us.

The RGUHS has been deeply saddened by the tragic loss of many lives in road accidents, whose untimely demise is an irreparable loss to their families as well as society at large. Such incidents remind us that road accidents are not mere statistics but life-altering tragedies.

As a responsible health University, committed to health, life sciences and public welfare, RGUHS firmly believes that road safety is a shared responsibility. We therefore urge all students, teaching faculty, non-teaching staff and employees of the University and its affiliated institutions to strictly follow traffic rules and adopt safe road practices at all times.

All are advised to adhere to the following road safety guidelines:

- ◆ Always wear ISI-certified helmets while riding two-wheelers
- ◆ Use seat belts compulsorily while driving or travelling in cars
- ◆ Avoid over-speeding, rash driving and sudden lane changes
- ◆ Strictly refrain from using mobile phones, earphones or headphones while driving
- ◆ Never drive under the influence of alcohol or medication that causes drowsiness
- ◆ Do not drive when fatigued or sleep-deprived; take adequate rest during long journeys
- ◆ Maintain safe distance from other vehicles and avoid aggressive driving
- ◆ Follow traffic signals, road signs and pedestrian right-of-way
- ◆ Ensure vehicles are roadworthy, with proper brakes, lights, mirrors and tyres
- ◆ Avoid carrying more passengers than permitted and do not overload vehicles
- ◆ Students are advised not to indulge in stunt riding, racing or reckless behavior
- ◆ Parents and institutional heads are requested to counsel students regularly on road safety and responsible conduct.

Let us remember that discipline on the road reflects our respect for human life. As members of a health sciences university, we carry a moral responsibility to lead by example and promote a culture of safety.

Road safety is not optional — it is a responsibility.

With regards,

Anjum Sadekar
 REGISTRAR.

Rajiv Gandhi University of Health Sciences,
 Karnataka